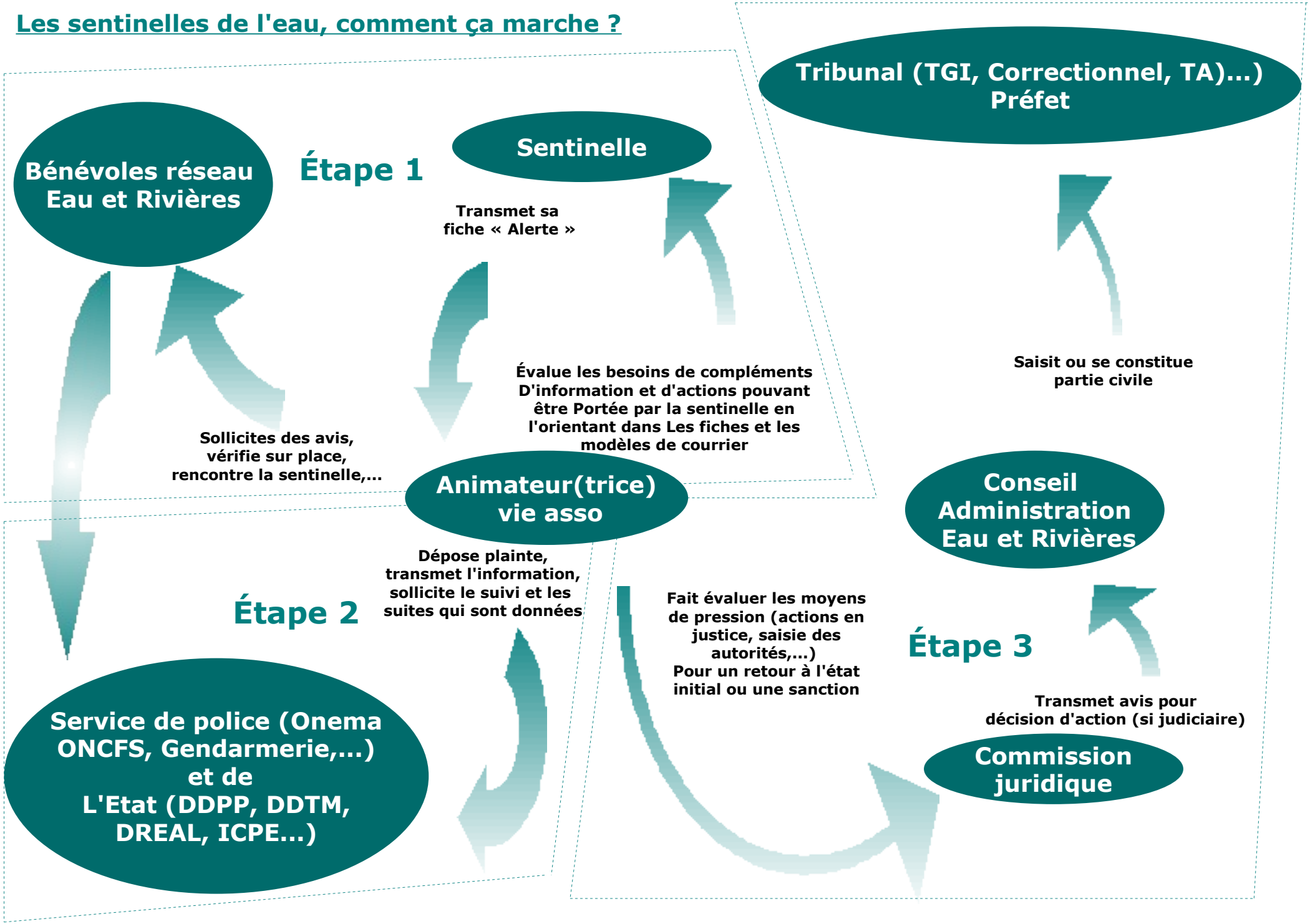Les sentinelles de l'eau, comment ça marche ?